

N O S C

Newport Officer Spouse Club

A monthly publication for members and friends of the Newport Officer Spouse Club, Newport, Rhode Island, USA

A NOTE FROM THE NOSC PRESIDENT November 3, 2003

Hope this finds all of you well and enjoying the fall weather here in Rhode Island. It's hard to believe that so many of our board members are leaving us. I would like to take this opportunity to thank all of the ladies who've helped in so many ways throughout this past year. Your time, talents, and efforts are so very appreciated. Without sounding cliché, this little machine called NOSC wouldn't be able to run nearly as well without your help. Thanks to you, we've all been able to once again enjoy another year of friendship and growth within the organization.



Anne, thank you for making us all feel so welcome with your smile and for helping out with so much while you bring a new little one into the world. **Eileen**, thank you for keeping us all on track and for staying so organized with all the information you've been given by so many. **Mary**, on behalf of NOSC, thank you very much for getting all of our finances in order and making the transition so easy for our new treasurer. **Beth**, thank you for doing such a great job of taking care of our hospitality issues as well as getting the word out to everyone about our events. **Amy**, thank you for giving so much of your time and talents for those less fortunate and for distributing so much to so many. **Lisa**, thank for helping to organize Bunco for so many and to **Morgen**, thanks for creating a new group. Dinner and a Movie is a great idea and will flourish because of you! All of us here so appreciate all you've done for us and wish you the best of luck in your new commands.

As you can see, there will be a few vacancies available. Please let me or any board member know if you are interested in any of these positions. It only takes a few hours a month to make a difference for so many. Hopefully you'll be able to come to the November Coffee held at The President's House, Quarters AA, the home of Admiral and Mrs. Route, on Friday, November 7 from 10:00 a.m. through noon. This will serve as our general monthly meeting, so we hope to see you there. Thank you once again, and good luck to all those ladies who are leaving us in November.

Fondly,
Maureen Covell

NOSC Officer and Chair Openings

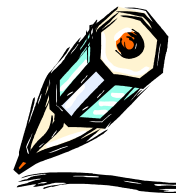
Several NOSC officers and chairs will be moving in November. The following positions will be available:

Vice President

In addition to filling in for the president when she is absent or the position is vacant, the vice president works with the Welcome Coffee coordinator to organize the Welcome Coffees. She also serves as a program coordinator for NOSC and as a point of contact for other local groups. Finally, the vice president coordinates farewell coffees and gifts for the honorary president and advisors.

Secretary

The secretary records the minutes for all general membership and executive board meetings and provides copies of minutes to the newsletter chair. She also conducts correspondence for the club and serves as custodian of the bylaws and other club documentation.



Hospitality/Publicity

These are really two positions that have informally been combined into one. The hospitality chair assists the various small groups that are hosting the general membership meeting. She coordinates farewell events and gifts for departing executive board members. She also sends cards to members with new babies or a death in the family. The publicity chair makes sure that club activities are advertised throughout the community.

(continued on page 4)

Newport Officer Spouse Club

Executive Board

Honorary President	Kip Route		
President.....	Maureen Covell	295-0279	covells7@aol.com
Vice President.....	open		
Secretary.....	open		
Treasurer	Liz Desmond	849-2616	mikelizkerry@msn.com
Membership	Lori Clark	849-5029	rlclark5@msn.com
Advisor.....	Gina Buzby.....	849-0986	ginabuz@aol.com
Advisor.....	Jill Kelly		jmkal1@aol.com

Chairs

Charities	open		
Davy Jones Locker (Inventory Coordinator)	Margie Rattay	682-2714.....	mrattay50@hotmail.com
Davy Jones Locker (Volunteer Coordinator)	Robyn Albee.....	841-9944	davyjoneslocker@mail2sevenSeas.com
Hospitality	open		
Meals for New Moms	Rena Corey	847-8838	coreyfam@juno.com
Newsletter Editor	Shannon GaNun	849-1161	sganun@earthlink.net
<i>Off the Record (The Pink Book)</i>	Cyndi Hill	619-1269	hill95@aol.com
Publicity.....	open		
Scholarship.....	Maureen Covell	295-0279	covells7@aol.com
	Theresa Jackson	849-0322	tjacxn@yahoo.com
Welcome Coffee	Maureen Covell	295-0279	covells7@aol.com

NOSC-Sponsored Special Interest Groups

Antique Group.....	Theresa Jackson	849-0322	tjacxn@yahoo.com
Book Club	Trish Poirrier.....	848-7575	trish4000@cox.net
Bunco	open		
Crafts & Wine	open		
Dinner and a Movie Night	open		
Gourmet Group.....	Laurie Sheehan	847-8090	sheehans@surfglobal.net
	Ingeborg Wobig	846-0382	tinyborg@earthlink.net
Lunch Bunch.....	Karen Marston	683-6918	marstonrk@aol.com
	Caroline Medley.....	848-2735	ramedley@icdus.com
	Theresa Jackson	849-0322	tjacxn@yahoo.com
Mah Jongg.....	Karen Marston	683-6918	marstonrk@aol.com
Quilting	Joni Senteio	683-4445	jsenteio@msn.com
Scrapbooking	Gina Buzby.....	849-0986	ginabuz@aol.com
Trips for Tots	Liz Desmond	849-2616	mikelizkerry@msn.com

Representatives

Naval Station Representatives

Armed Services YMCA	Donna Stoessel	841-7441.....	donna.stoessel@cnet.navy.mil
Commissary/NEX	open		
Navy Marine Corps Relief Society	Joanne O'Donnell	849-2231.....	joodonnell@aol.com
Thrift Shop	Joanne O'Donnell	849-2231.....	joodonnell@aol.com

Command Representatives

Hospital/Dental	Mimi Felmly	841-5984.....	m96felmly@aol.com
Naval Command College (NCC).....	Sharon Smith.....	846-7298.....	sharonks@aol.com
Naval Staff College (NSC)	Joni Senteio	683-4445	jsenteio@msn.com
Navy Warfare Development Command (NWDC)	open		
Surface Warfare Officer School (SWOS).....	Gina Buzby.....	849-0986	ginabuz@aol.com

Special Interest Groups

Antique Group

Now that the kids are all settled in school, it is time to plan! Please watch your email for our first outing. The Antique Group explores the many unique shops in the surrounding area using both word of mouth tips and the driving "loops" recommended in *The Pink Book* by previous spouses. Local experts have been speakers at past meetings as well. The Antiques Group will host the February 18, 2004 NOSC meeting. For more information, please contact Theresa Jackson at 849-0322 or tjacxn@yahoo.com.

Book Club

New members are welcome to join this fun and intellectually stimulating group. A slate of books was chosen in September, and members read each month's book in advance to prepare for discussion at the meeting. Of course, delicious munchies are mandatory at all meetings! The November book is *The DaVinci Code* by Dan Brown. We will meet on Wednesday, November 5 at 9:30 a.m. at Trish Poirrier's home, 82 Kay Street, Newport. Because of limited space, we must request that you RSVP to Trish (trish4000@cox.net) by Monday, November 3.

Bunco

The Bunco group has so much fun playing this easy, ice-breaker dice game. It's a great way to meet new friends and have a great time. This is an evening activity—no experience is necessary. Just come and have fun. Please bring \$5 and an appetizer or dessert to share. Bunco meets the second Tuesday of the month at 7:00 p.m. at the Greene Lane Community Center. The next meeting is Tuesday, November 11. Please call Lisa Stopyra at 847-6331 for more information.

Crafts and Wine

The Crafts and Wine group meets in the evenings to learn a new craft decided upon by the group. A volunteer is needed to coordinate this group. Please contact Maureen Covell at 295-0279 or covells7@aol.com if you are interested.



Dinner and a Movie Night

Enjoy dinner out and a movie with the ladies. We meet for dinner every fourth Wednesday of the month and then

choose a movie from the current listings. Please come to an evening of adult conversation and a movie that doesn't have to be rated "G!" Call Morgen ten Hoopen 847-4555 with any questions.

November Dinner and Movie:
November 19, 5:30 p.m. The THIRD (vice the fourth) Wednesday of November
Dinner: Tito's Mexican Cantina, 651 West Main Road, Middletown
Movie: approximately 7:00 p.m. at Holiday Theater behind Staples

No need to RSVP for dinner; just show up. If you can't make it for dinner but still want to join us for the movie, please call Morgen ten Hoopen at 847-4555 earlier that week for movie choice times.

Gourmet Group

The Gourmet Group will be on hiatus in November but look what's coming next month! Holidays from Around the World: Joyeux Noel, Frohe Weihnachten, Feliz Navidad are but a few ways to say happy holidays. The Gourmet Group



invites you and our community of international students for a celebration of food, friendship, and holiday spirit.

Bring a dish that represents your nationality or heritage and share your holiday traditions with good company. As with all our "gourmet" gatherings, we are a no pressure group. We're about fun, friendship, and food (and sometimes cocktails!) Put as little, or as much, effort into your dish as you are comfortable with. We will toast the season on Sunday 7 December. We will be arriving at 4:30 p.m. Watch the December newsletter and your email and for more information.

Lunch Bunch

Please join us Friday, November 14 at 11:30 a.m. The name of the restaurant is India. It is located in Warren, which is over the Mount Hope Bridge and just north of Bristol. It takes 15 minutes to get there from Portsmouth. We can car-pool from Portsmouth; details will follow closer to November 14. This is a really nice Indian restaurant with a wonderful variety of very flavorful food. Haven't ever been to an Indian restaurant? Not to worry; the staff is great with suggestions, and this is a place you need to try! Their phone number for directions or questions is 245-4500; the address is 520 Main Street, Warren. Please RSVP to Karen Marston, MarstonRK@aol.com.

Mah Jongg

Unravel the mystery of Mah Jongg by joining this group. Weekly games help the novice become the expert in no time. Mah Jongg will be held every Thursday at the McMacken Center at Fort Adams from 9:30 a.m.-1:30 p.m. Newcomers are welcome. We are playing by the Wright-Patterson rules. Bring your own lunch. As we may occasionally meet elsewhere, please contact Karen Marston if you are planning to attend (preferably by email at MarstonRK@aol.com or by phone at 683-6918).

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Special Interest Groups (con't. from p. 3)

Quilting

The Quilting Group meets weekly to share quilting skills, projects, and more. The novice quilter is encouraged to join this friendly group! The quilting group meets Tuesday mornings at 9:30 at the McMacken Center at Fort Adams. We are getting ready to start a new project; it will probably something for Christmas. Please contact Joni Senteio (683-4445 or jsenteio@msn.com) if you need further information

Scrapbooking Club

The NOSC Scrapbooking Club will meet on Thursday, November 13 at the Chapel of Hope on the base (across from Kay Hall). We will meet from 6:00-9:00 p.m. in the Fellowship Hall of the chapel.

Please RSVP to Gina at 849-0986 or Ginabuz@aol.com. The Scrapbooking group has decided that we will begin our evening with a short demonstration of new products and techniques from Judy and Karla. (Judy and Karla are NOSC members as well as Creative Memories Consultants.) No purchase is necessary and there are no fees to attend. There will be opportunities for giveaways throughout the evening. If purchases are made we will have a "mystery hostess" or "split hostess" deal. Bring your scrapbooking supplies and come join in the fun!

Please be sure to RSVP! We'd like to make sure we have a little something for everyone in attendance. Also, please be

aware that only those persons who have paid their NOSC membership dues are invited to these events. We hope to see you there!

Trips for Tots

Trips for Tots is looking for spouses with toddlers to form a regular play group and get out with the kids. For more information, please contact Liz Desmond at 849-2616 or mikelizkerry@msn.com.

Leadership Openings (con't. from p. 1)

Charities

The charities chair organizes NOSC fund raisers. (The principal one is currently the annual rug sale.) She heads the charities committee, which is in charge of disbursing money to charities. In addition, the chair may broaden the scope of this job to include various "drives," i.e., a book drive and a school supplies drive.

Bunco, Crafts & Wine, and Dinner and a Movie

In addition to the above positions, the coordinator positions for Bunco, Crafts & Wine, and Dinner and a Movie are available.

How to Volunteer

If you are interested in any of these positions, please contact any of the current executive board members as soon as possible.



Scholarship Committee to Meet

The NOSC Scholarship Committee will meet Monday, November 3 at 10:00 a.m.

at 26 Columbia Court in Greene Lane. Anyone interested in helping distribute the monies earned through sales at Davy Jones' Locker to military dependents in this area is invited. This is the meeting at which our guidelines must

be approved, and you will be able to have a voice in our policy guidelines this year. Please RSVP to Theresa Jackson 849-0322 or tjacxn@yahoo.com by November 1.

Welcome Coffee Friday, November 7

NOSC sponsors a Welcome Coffee in November for all new spouses, regardless of command, and spouses of civilians, GS-7 and above. The Welcome Coffee will be held at The President's House, Quarters AA, the home of Admiral and Mrs. Route, on Friday, November 7 from 10:00 a.m. through noon. This will serve as our general monthly meeting.

The Armed Services YMCA has agreed to provide babysitting for us during the Welcome Coffee. The cost will be \$5 per child, and anyone interested must call to register in advance. Parents will be able to drop their children off at 9:45 a.m. and pick them up at 12:15 p.m. The Y will provide snacks and drinks for the kids while they are there. Two caveats—

first, this service is limited to children six months and older. Second, the Y can only take a limited number of children. The exact number will depend on the ages of the children signed up, but will probably be no more than 20. You must pay in advance to reserve your spot. Please call 846-9622 to register.

New NOSC Directories Available

The NOSC directories are now available. Several NOSC members have volunteered to keep them at their houses so that you can more conveniently pick them up.

Here are the locations:

Portsmouth: Karen Marston, 26 High Hawk Rd., 683-6918, marstonrk@aol.com

Middletown (Greene Lane): Theresa Jackson, 26 Columbia Ct., 849-0322, tjacxn@yahoo.com

Middletown (Coddington Cove): Beth Remaly, 142 Lexington St., 847-3677, cbremy@earthlink.net

Newport (Ft. Adams): Anne Rinko, 5 Jackson Ct., 849-1552, jrinko@earthlink.net

Please try to pick these up in the next week or so. If you are not able to pick one up, they will be available at the next board and general meetings. If you're on base, you can also pick one up at Lori

Clark's house, Quarters NB3 (one block inside gate 11). Please contact Lori at rlclark5@msn.com if any corrections need to be made to the directory.

Please add the following members to your directory:

Burns, Denise
2C Jackson Rd
Newport, RI 02840
847-5159
denisemburns@earthlink.net
Shawn; USMC; NWDC

Felmly, Mimi
Qtrs. J, Perry Rd, CHI
Newport, RI 02840
841-5984
M96Felmly@aol.com
Mike; USN; NWDC; Jul-05

Houston, Kate
24 Barney St
Newport, RI 02840
847-7690
kwagner7@aol.com
James; USN; NWC; Feb-06

McFeely, Alex
517 Read St
Middletown, RI 02842
849-0519
mcflyeug@msn.com
Eugene; USAF; NWC; Jul-03

Navarro, Kathy
69 Carroll Ave
Newport, RI 02840
846-9952
kathrna@aol.com
Rich; Jun-04

Norwitz, Gezelle
349 Congdon Hill Rd
Saunderstown, RI 02874
295-2981
jeffngg@cox.net
Jeff; NCIS; NWC

Reed, Margaret
530 Read St
Middletown, RI 02842
847-7429
margreed@aol.com
Sam; USN; NWC; Mar-04



Helpful Hint for the Season

If you are planning on making a flower

arrangement in a pumpkin, sprinkle some lime inside the bottom of the clean pumpkin to avoid any mold growing. (Lime is a chemical that you put on your

lawn; it is available at hardware stores.)
—Submitted by Maureen Covell

Davy Jones' Locker Needs Volunteers

NOSC conducts clothing sales during four lunch periods per month in "Davy Jones' Locker," Conolly Hall, Room 136. The large selection of items carries the Naval War College logo. Profits from sales are used for scholarships for graduating high school seniors from military families. Thanks to the volunteers' hard work last year, the NOSC Scholarship Committee was able to give away a record \$27,000 to 31 deserving high school seniors.

The Locker will be open November 4, 6, 18, and 20 and December 2, 4, 16, and 18. (The Locker is generally open the every 2nd and 4th Tuesdays and Thursdays, but it will be open the 1st and 3rd Tuesdays and Thursdays these months because of the holidays.)

Volunteers Are Needed

DJL is in need of volunteers to work when the store is open. Working at DJL



is a fun and meaningful volunteer opportunity and only takes a few hours a month. If you have young children, perhaps you could arrange a baby sitting swap with another mom with children and alternate working at DJL. If you would like to volunteer, please contact

Robyn through the following email address:

davyjoneslocker@mail2world.com.
Robyn's phone number is 841-9944.
Please let her know what days and times you are available to work at DJL.

Need a gift?

Don't forget Christmas is coming and will be here before you know it. DJL has the perfect gift for you to buy. We have infant T-shirts, bibs, and sweatshirts; adult polo shirts, sweats, denim shirts,

and wind shirts; fleece blankets; and many other items with the War College logo. If you have any questions or suggestions to better DJL please call Margie Rattay at 682-2714.

Please know that if you need something specific in a particular size, you can contact Margie to see if we have it on hand; otherwise, it may be ordered.

Thanks For Your Support

Thank you to all those who volunteer at DJL to make these wonderful scholarships available to our area high school seniors. Thanks again to everyone for their support of this worthwhile endeavor—know that it is money well spent!

Flu Vaccine Available

This year's flu vaccine is available at the Naval Ambulatory Care Center Immunization Clinic. The Clinic hours are Monday, Tuesday, Thursday, and Friday

from 0830-1530 and Wednesday from 0830-1300. If you have any questions, please contact the Immunization Clinic at 841-6037.

Armed Services YMCA Update

Veterans Day Parents' Time Out

Tuesday, November 11, 9:00 a.m.-2:00 p.m. This PTO will give you extra time to run errands or have time to yourself. The cost is \$20 for the first child and \$15 for each additional child and includes lunch and snacks. Registration begins at 8:30

a.m. on Tuesday, November 4. Call 846-9622 for more information.

Thanksgiving Feast

Wednesday, November 19, noon-1:30 p.m. Come and celebrate everything you're thankful for with your ASYMCA

friends. In lieu of a program fee we ask that you bring a non-perishable food item to donate to the food basket program run by the Chapel of Hope. You must pre-register to participate. Space is limited, so call 846-9622 and sign-up.

Meals for New Moms



The gift of a prepared meal during those first hectic weeks with a newborn is always

appreciated by the whole family. Please email Rena Corey (coreyfam@juno.com) if you or a neighbor or a friend has just had or is about to have a baby. Please try to include the new mom's phone number. Don't count on the new mom to let Rena know! Often people are too

shy to ask on their own account. Rena will help organize a few weeks of meals to be brought to the family. And please feel free to volunteer a meal when we send out a request! If you are unsure what to make, you can email Rena for suggestions.

Executive Board Meets December 3

The next Executive Board meeting will be Wednesday, December 3 at 7:00 p.m. at Maureen Covell's home. (Please note that we will not be holding a November

Executive Board meeting.) All Executive Board members, chairs, and special interest group coordinators are invited and encouraged to attend. We would like

to decide and discuss some things for the new year before the holidays are upon us.

December 10 Ornament Exchange

Please plan to join us on Wednesday, December 10 at 7:00 p.m. for some holiday cheer and an ornament exchange. This event will take the place of our general monthly meeting. Gina Buzby will be hosting the get together at her home,

Quarters H, Bainbridge Road, Coasters Harbor Island, Newport Naval Station. Quarters H is located behind the Chaplains School and nearest the Fire Station. Please park near the Fire Station and walk up the hill. There is

a limit of \$10 for an ornament, and please be sure to bring it wrapped. We hope to see everyone there so we can celebrate the season together. Watch your email and the December newsletter for more information on this event.



Recipe Corner

Pumpkin Bars

Blend
 1 small can pumpkin
 2 eggs
 1/2 C oil or 1 stick butter or margarine
 1 C sugar
 Set aside

Blend
 1 C flour
 1 t baking powder
 1/2 t baking soda
 1/2 t cinnamon
 1/4 t ginger, ground cloves and nutmeg

Blend together wet and dry and place in greased 9" x 12" pan and bake at 350 degrees until firm, approximately 30 minutes.

When cooled, frost with cream cheese icing

Blend
 4 oz. cream cheese
 4 T softened butter
 2 T milk
 2-3 C Confectioner's sugar

—Submitted by Maureen Covell

NOSC

**NOV.
2003**

Events
subject
to
change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Quilting (every Tuesday in November) McMacken Center 9:30 a.m.		Mah Jongg (every Thursday in November) McMacken Center 9:30 a.m.-1:30 p.m.		1
2	NOSC Scholarship Committee 26 Columbia Court in Greene Lane 10:00 a.m.	Davy Jones' Locker Open Conolly Hall, Room 136 11:00 a.m.-1:00 p.m.	Book Club 5 Trish Poirrier's home, 82 Kay Street, Newport 9:30 a.m.	Davy Jones' Locker Open 6 Conolly Hall, Room 136 11:00 a.m.-1:00 p.m.	Welcome Coffee 7 The President's House, Quarters AA, Home of Admiral and Mrs. Route 10:00 a.m.-noon	8
9	10	Bunco 11 Greene Lane Community Center 7:00 p.m.	Dinner and a Movie 12 Tito's Mexican Cantina, 651 West Main Road, Middletown 5:30 p.m.	Scrapbooking Club 13 Chapel of Hope 6:00-9:00 p.m.	Lunch Bunch 14 India, 520 Main Street, Warren 11:30 a.m.	Deadline for December newsletter 15 Please email information to Shannon GaNun at sganun@earthlink.net.
16	17	Davy Jones' Locker Open 18 Conolly Hall, Room 136 11:00 a.m.-1:00 p.m.	19	Davy Jones' Locker Open 20 Conolly Hall, Room 136 11:00 a.m.-1:00 p.m.	21	22
23/ 30	24	25	26	27	28	29

Volunteer Highlight



**Shannon GaNun,
Newsletter Editor**

Shannon operates her own business as a freelance writer and graphic designer from a home office. She writes and pro-

duces brochures, feature articles, fliers, letters, marketing/communication plans, news releases, newsletters, post-cards, press kits, and sales packets. In her previous life, she worked as a legislative assistant on Capitol Hill, as a lobbyist, and in public relations. She also teaches aerobics and yoga at both the Newport Athletic Club and the Newport County YMCA. In her spare time she likes to read, quilt, and travel. Shannon has a double major in journalism and political science from the

University of Wisconsin-Madison and a Desktop Publishing Specialist Certificate from The George Washington University.

Along with her husband, Ed, she has three happy, healthy young children: Natalie (4), Jacqueline (2), and James (1). Ed is a student at the Naval War College and will graduate in March 2004. Next summer the GaNuns will be moving to Kadena Air Force Base in Okinawa, Japan, where Ed will be flying C-12s.



Please join us for the November Welcome Coffee.

**Friday, November 7 from 10:00 a.m. through noon
The President's House, Quarters AA, the home of
Admiral and Mrs. Route**

Come join the fun and meet some great people!

Directions to Quarters AA:

Upon entering Gate 1, proceed straight up the hill and turn right onto Bainbridge Road, just before the War College Museum. The President's House will be on the right. Park anywhere along Bainbridge Road or at the O Club.



Newport Officer Spouse Club
P.O. Box 5115
Newport, RI 02841